



# BRIDGE THE LOVE & RESPECT GAP BETWEEN MEN & WOMEN





## Men need respect

- When their partner listens to them attentively and sincerely
- When their partner trusts them and supports their decisions



## Women need love

- When their partner spends quality time with them and gives them attention
- When their partner expresses their feelings and emotions verbally or non-verbally

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- When their partner praises them and acknowledges their efforts
  - When their partner admires their skills and talents
  - When their partner shows interest in their hobbies and passions

- When their partner compliments them and makes them feel beautiful
- When their partner surprises them with thoughtful gestures and gifts
- When their partner helps them with chores and tasks

- When their partner respects their opinions and preferences
- When their partner respects their need for space and time alone

- When their partner hugs them and holds their hand
  - When their partner empathizes with them and comforts them
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